

GTUK

TAE-KWON-DO

GTUK

Little Dragons

First adventure !

(Colouring and puzzle book.)



Illustrated and written by R . J . Browne



GTUK OATH

As a Student of the Gtuk
I Shall observe the tenets of
Taekwondo
I Shall respect my instructors
and seniors
I Shall never misuse Taekwondo
I Shall be a champion of
Freedom and Justice
I Shall build a more peaceful
world.

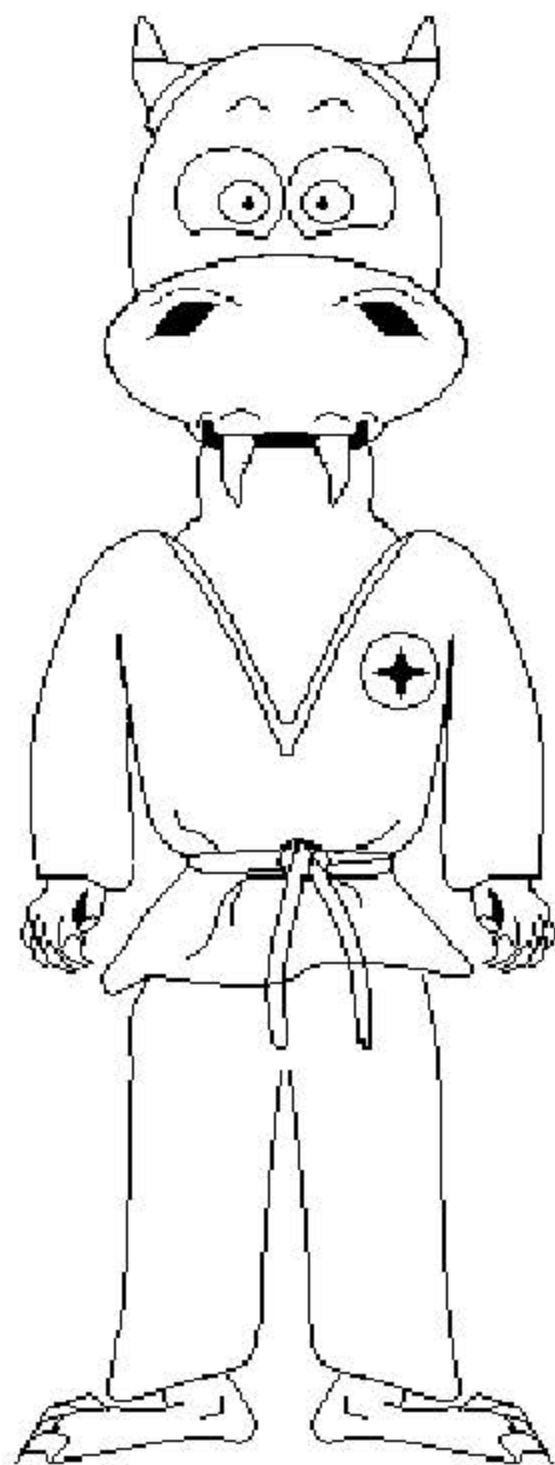
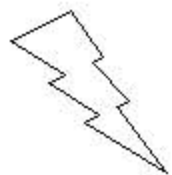
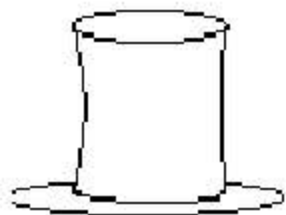
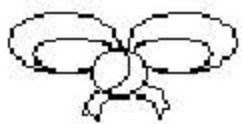


**Listen to little dragons hints
along the way and help him
on his journey.**



**Did you know the founder of
taekwondo was General
Choi Hong Hi ?**

Ideas.



**Colour your little dragon
how you like ...**

**be creative
add a hat or even
a beard .**



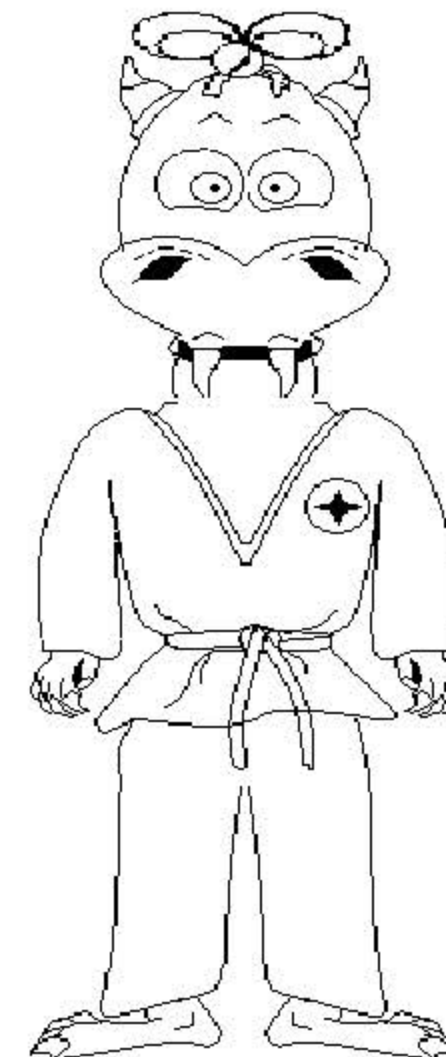
courtesy

Integrity

Perseverance

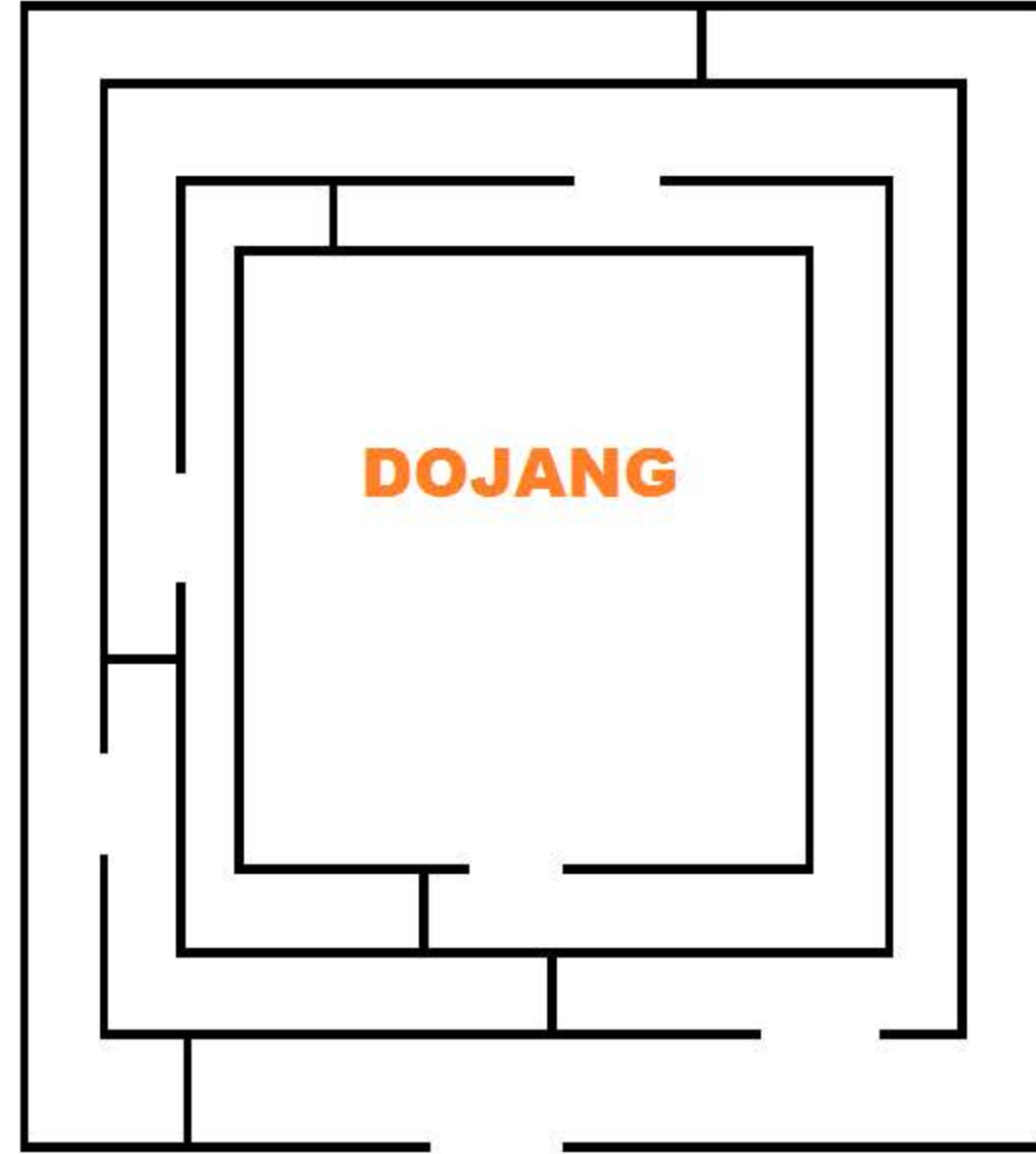
self control

Indomitable spirit



**Little dragon has made a new friend called Poppy
they are both learning their Tenets of taekwondo ...**

one	Dool
two	Set
three	Hana
four	Net



Help little dragon to mach the right number to the korean word.

Did you know the place where you train is called a Dojang ?

Can you help little dragon find his way to the Dojang .



Do you know every time we enter and exit the dojang we have to bow ?

(ANSWERS : ONE - HANA, TWO - DOOL, THREE - SET, FOUR - NET.

PUNCH
KICK
BLOCK
STANCE

CHAGI
JIRUGI
SOGI
MAKGI



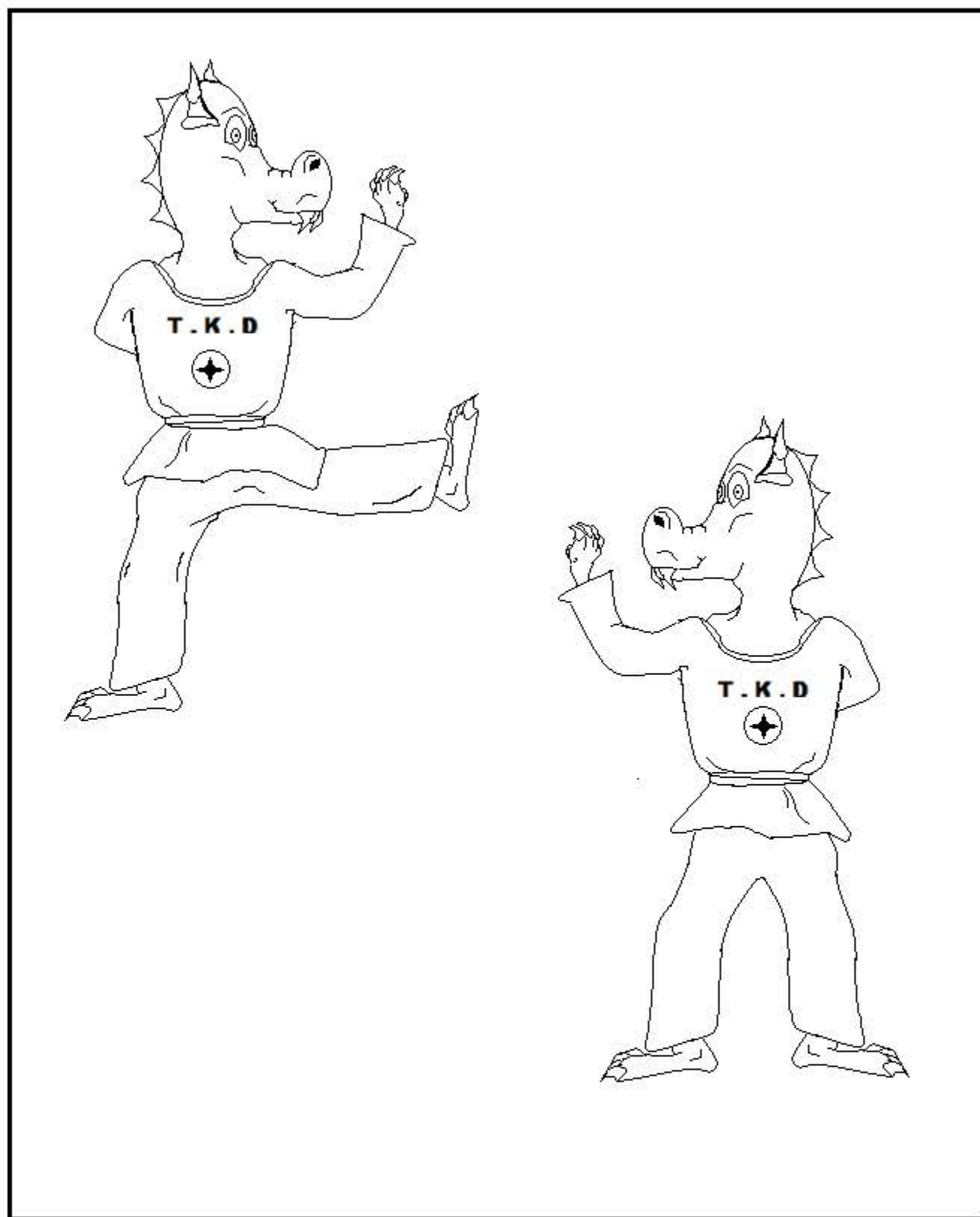
Help little dragon match the right words in korean...

Do you know what kick and block is in korean ?

kick - C _ A _ I .

Block - M _ K G _ .

Letters: G, A, I, H.



Do you know kick is chagi in korean ?



Do you know block is makgi in korean ?

Little dragon is practising his kicks and blocks.



HAPPY



ANGRY



CONFUSED



SCARED



NERVOUS



SAD



Joyfull



Excited



**How does Taekwondo make you feel ?
(Colour and tick)**

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.
11.	12.	13.	14.	15.
16.	17.	18.	19.	20.
21.	22.	23.	24.	25.
26.	27.	28.	29.	30.
31.	<p>HAPPY = H . ANGRY = A . CONFUSED = C . SCARED = SC . NERVOUS = N . SAD = S . JOYFUL = J . EXCITED = E .</p>			

In this chart you can mark how each lesson makes you feel. (Put the letter in a box after a lesson)

A	T	R	I	I	P
O	K	I	C	K	U
T	O	N	W	R	N
R	W	O	E	O	C
E	H	O	L	T	H

KICK, PUNCH, ~~TWO.~~

Y	B	I	B	H	A
E	N	L	C	K	I
S	T	B	O	E	O
S	T	A	N	C	E
L	C	O	E	N	K

BLOCK, STANCE, ~~ONE.~~

HELP LITTLE DRAGON FIND THE WORDS .

Did you know a belt is called tie and a suit is called a Dobok in Korean ?



CERTIFICATE !

Sign

Thank you for your help and good luck with your adventure!



Add your picture here

I have helped little dragon on his first adventure .



This is not a real certificate and is for illustration purposes only !