

**GTUK**

**TAE-KWON-DO**

**GTUK**

# Little Dragons

**Third adventure !**

( Colouring and puzzle book.)



Illustrated and written by R . J . Browne



## GTUK OATH

As a Student of the Gtuk  
I Shall observe the tenets of  
Taekwondo  
I Shall respect my instructors  
and seniors  
I Shall never misuse Taekwondo  
I Shall be a champion of  
Freedom and Justice  
I Shall build a more peaceful  
world.

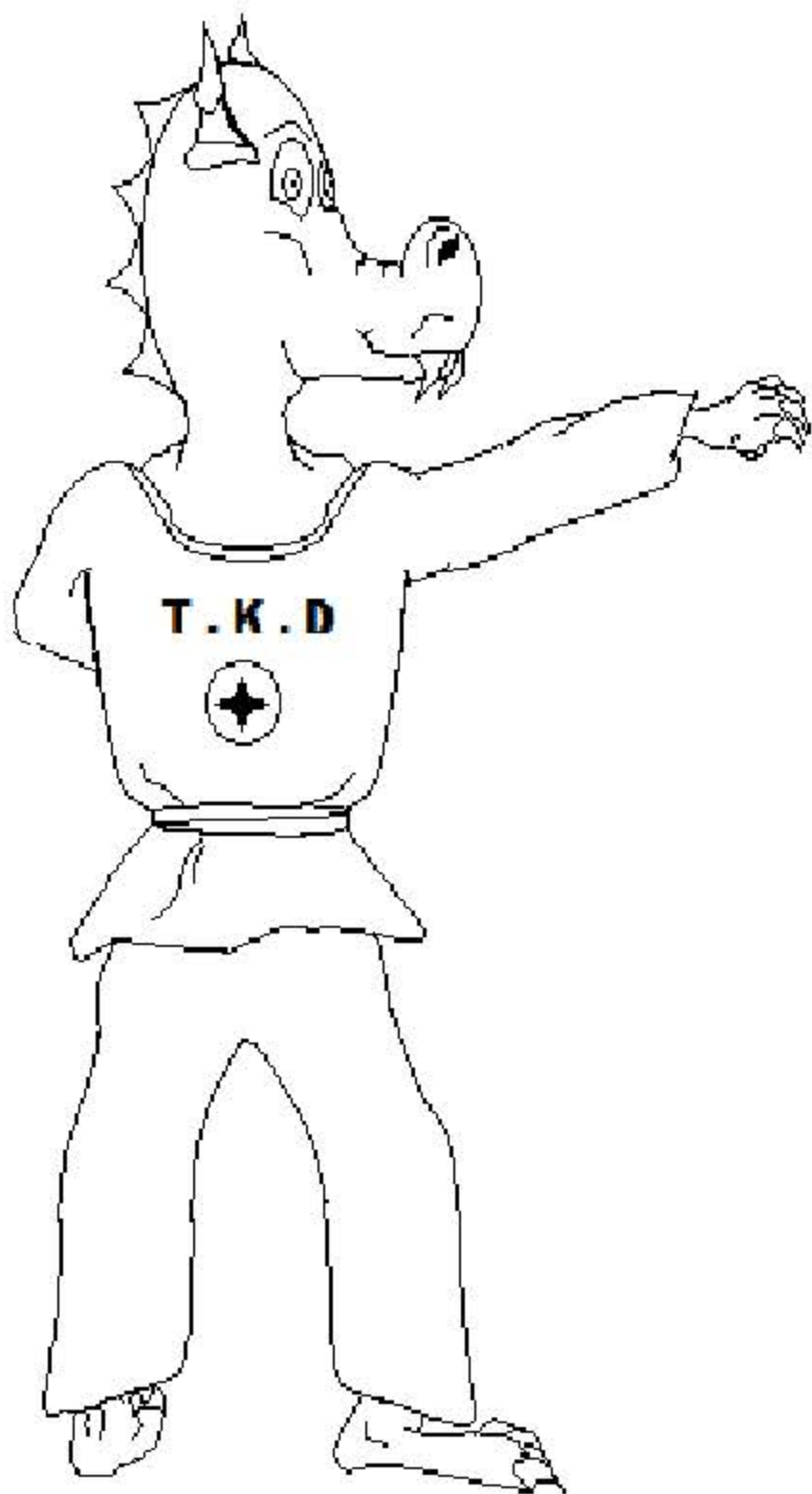
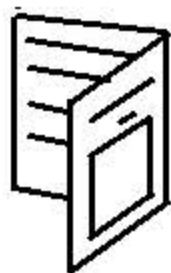
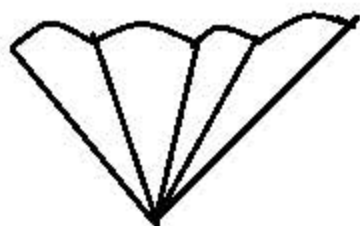
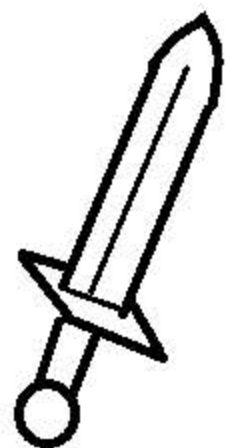


**Listen to little dragons hints  
along the way and help him  
on his journey.**



**Did you know the founder of  
taekwondo was General  
Choi Hong Hi ?**

**Ideas.**



**Colour your little dragon  
how you like ...**

do you know  
what Strike little  
dragon is doing?



**courtesy**  
**Integrity**  
**Perseverance**  
**self control**  
**Indomitable spirit**



**COURTESY :**  
**YE UI**

**INTEGRITY :**  
**YOM CHI**

**PERSERVERANCE :**  
**IN NAE**

**SELF CONTROL :**  
**GUK GI**

**INDOMITABLE SPIRIT :**  
**BAEKJUL BOOLGOOL**

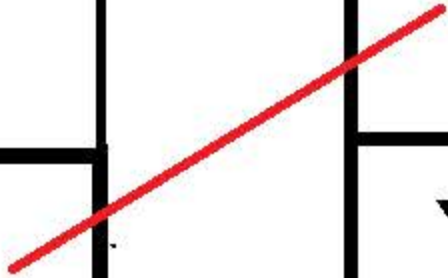


Practise makes  
perfect!

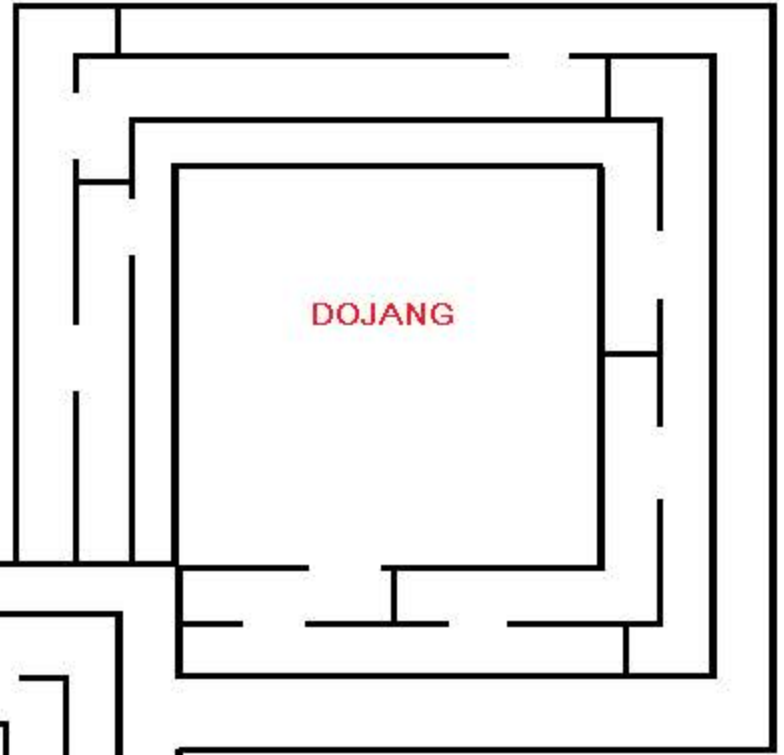
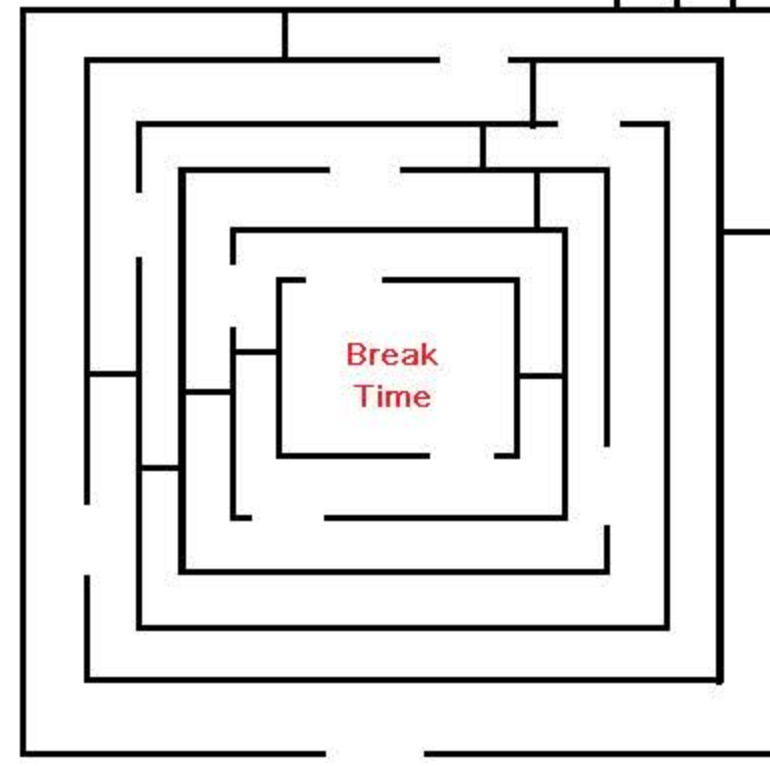
**Little dragon and poppy are  
helping each other learn the  
tenets in korean.**

Eleven  
Ten  
Nine  
Twelve

Yul  
Yul-Hanna  
Ahop  
Yul-Dool



Can you help little dragon find his way to the Dojang .



Help little dragon to mach the right number to the korean word.



Did you know that ready in korean is Junbi ?



We have to take regular breaks in taekwondo so we can drink and rehydrate to be able to train longer

Answers: Nine - Ahop, Ten - Yul, Eleven - Yul-Hanna, Twelve - Yul-Dool

<b>Side KICK</b>
<b>Back Fist</b>
<b>Rising BLOCK</b>
<b>Ready STANCE</b>

<b>Dung Joomuk</b>
<b>Junbi SOGI</b>
<b>Yop CHAGI</b>
<b>Chookyo MAKGI</b>

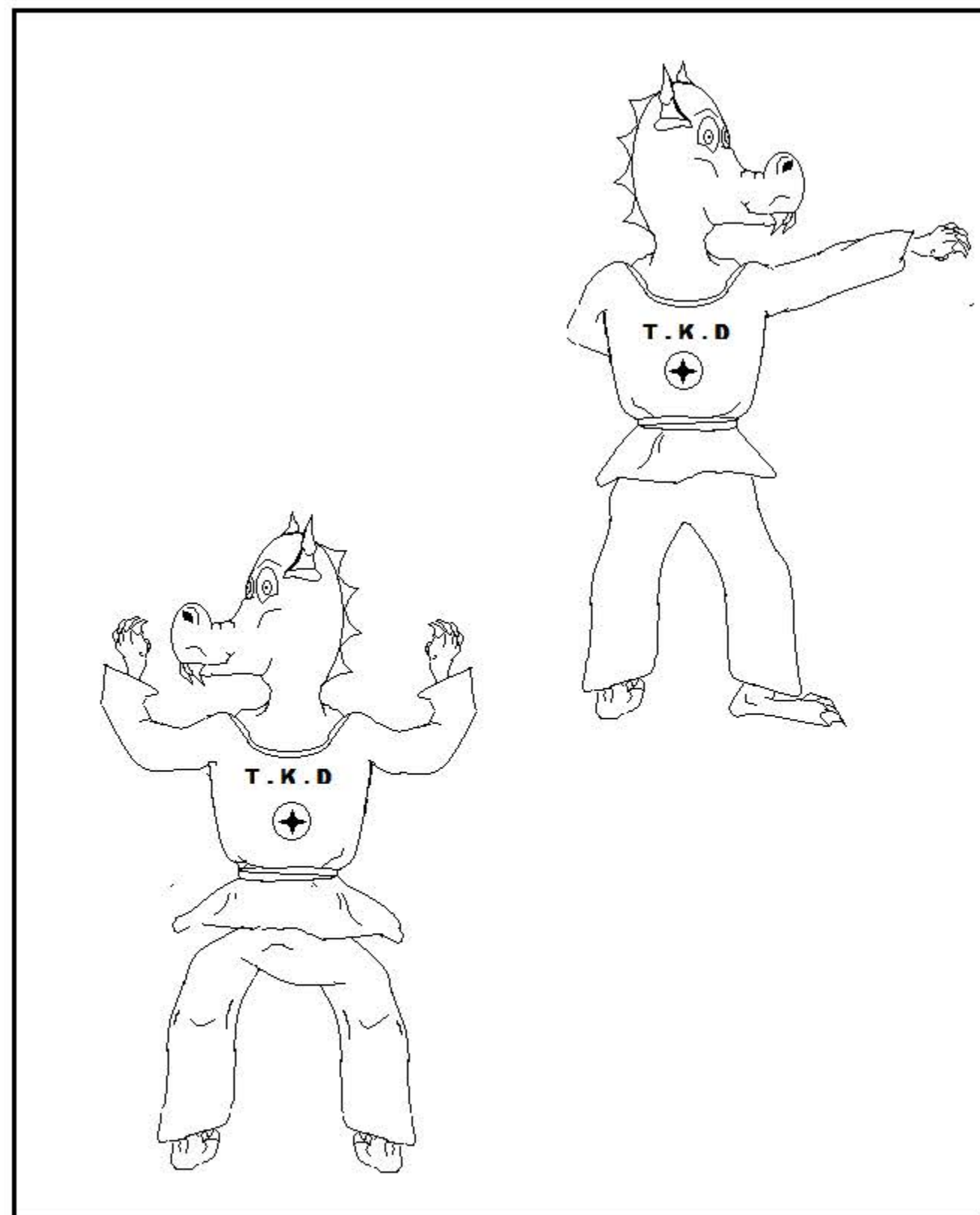
Help little dragon match the right words in korean...

Do you know what punch and stance is in korean ?

Side Kick: Y \_ \_ - C \_ A \_ \_

Ready Stance: J \_ N \_ \_ - S \_ \_ \_ I

Letters: O,P,H,G,I,U,B,I,O,H,G



Did you know Front is Ap in korean?



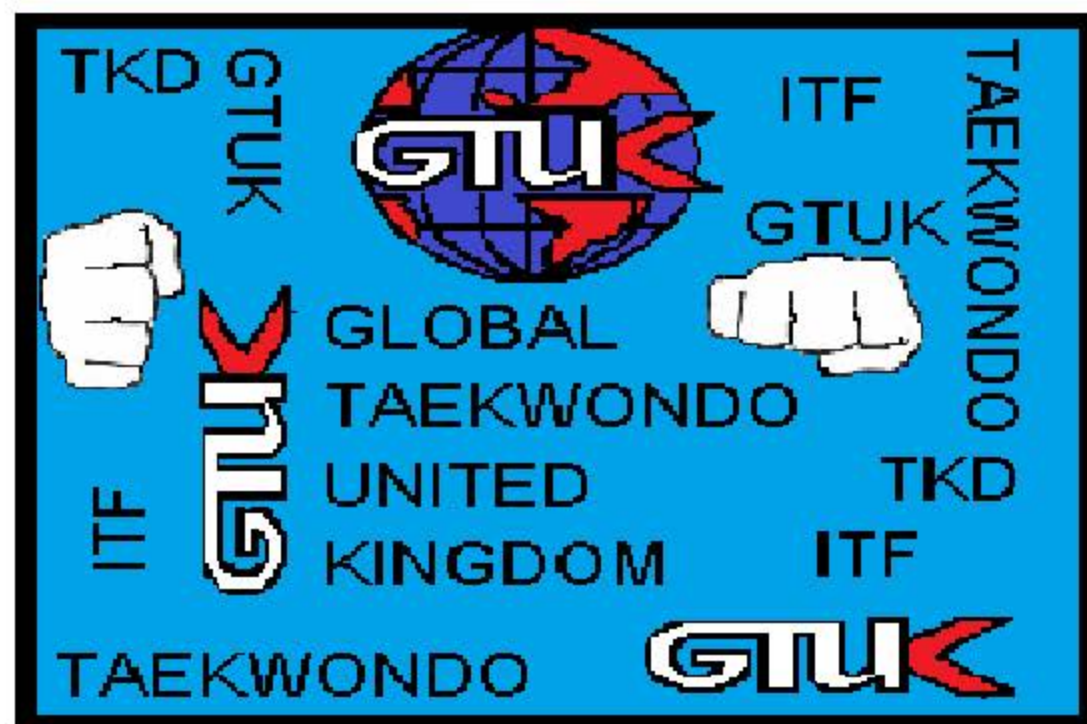
Did you know Knifehand is Sonkal in korean?

Little dragon is practising his Strikes and blocks.  
W-Shape block in a sitting stance  
Knife hand strike in L-Stance

Design your own taekwondo flag, you can add anything you enjoy about taekwondo.



Why not try and add some korean terminology.



Can you find the five differences in these pictures?

C	J	O	U	E	Y
J	U	N	B	I	O
I	N	O	S	G	P
U	B	H	Y	E	C
C	I	P	U	G	H
H	S	C	L	J	A
G	O	J	Y	E	G
A	H	O	P	P	I
O	G	S	O	Y	U
H	I	P	C	J	I

HELP LITTLE DRAGON FIND THE WORDS .

**Yop**      **Ahop**      **Junbi**      **Junbi**      **Yul**  
**CHAGI**      **(Nine)**      **(Ready)**      **SOHGI**      **(Ten)**  
**(Side**      **(Ready**      **(Ready**  
**Kick)**      **Stance)**



Did you know Junbi means ready ?

BOOK NO: **3**

# CERTIFICATE !

Sign .....

*Thank you for your help and good luck with your adventure!*

*Add your picture here ....*

*i have helped little dragon complete his third adventure*

*This is not a real certificate and is for illustration purposes only !*