

# Competition Results

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**P0**  
**Patterns**  
**Dragons (Mixed)**  
**Under 6 Years**  
**All Grades**  
**Gold:** Elora Ludden  
*Stanwick Tkd*  
**Silver:** Rosali Bowman-Yard  
*Stanwick Tkd*  
**Bronze:** Peri Bowman-Yard  
*Stanwick Tkd*

**P1**  
**Patterns**  
**PeeWee (Mixed)**  
**6 -7 Years**  
**White Belt - Green Tag**  
**(10th Kup - 7th Kup)**  
**Gold:** Winter Connell  
*Derby*  
**Silver:** Elon Klitovchenko  
*Stamford and Oakham*  
**Bronze:** Yeva Onyshchenko  
*Bungay*

**P2**  
**Patterns**  
**PeeWee (Mixed)**  
**8 - 10 Years**  
**White Belt - Green Tag**  
**(10th Kup - 7th Kup)**  
**Gold:** Erik Klitovchenko  
*Stamford and Oakham*  
**Silver:** Bella Blakeman  
*Gloucester*  
**Bronze:** Harrison Lowe  
*MASTER LAWES MARTIAL ARTS*

**P4**  
**Patterns**  
**PeeWee (Mixed)**  
**6-7 Years**  
**Green Belt - Blue Belt**  
**(6th Kup - 4th Kup)**  
**Gold:** Sivakami Karthick  
*Courage TKD*  
**Silver:** Patrick Hill  
*Knowle*  
**Bronze:** Sanvith Mahesh  
*SCTKD*

**P5**  
**Patterns**  
**PeeWee (Mixed)**  
**8 - 10 Years**  
**Green Belt - Blue Belt**  
**(6th Kup - 4th Kup)**  
**Gold:** Abi Barkle  
*Gloucester*  
**Silver:** Harry Kendal  
*Knowle*  
**Bronze:** Masen Sutton  
*Loughborough Town*

**P8**  
**Patterns**  
**PeeWee (Mixed)**  
**8 - 10 Years**  
**Red Tag - Black Tag**  
**(3rd Kup - 1st Kup)**  
**Gold:** Evan Reeves  
*SCTKD*  
**Silver:** Sophie Hayre  
*Derby*  
**Bronze:** Lucy Dykes  
*iceni Taekwon-do*

**P10**  
**Patterns**  
**PeeWee (Mixed)**  
**8 - 10 Years**  
**Black Belt**  
**(All Grades)**  
**Gold:** Tasker Jones  
*Wellingborough*  
**Silver:** Adelina Alexiu  
*Redditch Tkd*  
**Bronze:**

**P17**  
**Patterns**  
**Junior (Female)**  
**13 - 16 Years**  
**Red Tag - Black Tag**  
**(3rd Kup - 1st Kup)**  
**Gold:** Saanvi Mahesh  
*SCTKD*  
**Silver:** Olimpia Lizark  
*Wellingborough*  
**Bronze:** Jovana Milosevic  
*MASTER LAWES MARTIAL ARTS*

**P18**  
**Patterns**  
**Junior (Female)**  
**11 - 16 Years**  
**Black Belt**  
**All Grades**  
**Gold:** Hope Douglas  
*Courage TKD*  
**Silver:** Laura Vanaga  
*Stanwick Tkd*  
**Bronze:** Hollie Taylor  
*Courage TKD*

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**P20**  
**Patterns**  
**Junior (Male)**  
**11 - 13 Years**  
**White Belt - Green Tag**  
**(10th Kup - 7th Kup)**  
**Gold:** Ethan Dudley  
*SCTKD*  
**Silver:** Ethan Miles  
*Henley*  
**Bronze:** Callum O`Keefe  
*MASTER LAWES MARTIAL ARTS*

**P21**  
**Patterns**  
**Junior(Male)**  
**14 - 16 Years**  
**White Belt - Green Tag**  
**(10th Kup - 7th Kup)**  
**Gold:** Ashton Kelly  
*Wellingborough*  
**Silver:** Oliver Chrzczoneowicz  
*Wellingborough*  
**Bronze:** Farzan Ahmed  
*Northants Taekwondo*

**P22**  
**Patterns**  
**Junior (Mixed)**  
**11 - 13 Years**  
**Green Belt - Blue Belt**  
**(6th Kup - 4th Kup)**  
**Gold:** Arthur Browne  
*SCTKD*  
**Silver:** Freddie Browne  
*SCTKD*  
**Bronze:** Ryan Clark  
*SCTKD*

**P23**  
**Patterns**  
**Junior (Male)**  
**14 - 16 Years**  
**Green Belt - Blue Belt**  
**(6th Kup - 4th Kup)**  
**Gold:** Charlie Jones  
*Stamford and Oakham*  
**Silver:** Joshua O'Mahony  
*Gloucester*  
**Bronze:**

**P24**  
**Patterns**  
**Junior (Male)**  
**11 - 13 Years**  
**Red Tag - Black Tag**  
**Gold:** Riley Molloy  
*Courage TKD*  
**Silver:** Kaydan Menzies  
*Courage TKD*  
**Bronze:** Arjun Rai  
*Balsall Common*

**P25**  
**Patterns**  
**Junior (Male)**  
**14 - 16 Years**  
**Red Tag - Black Tag**  
**(3rd Kup - 1st Kup)**  
**Gold:** Josh Bridge  
*Courage TKD*  
**Silver:** Haydn Pearce  
*MASTER LAWES MARTIAL ARTS*  
**Bronze:** Harrison Scarlett  
*SCTKD*

**P26**  
**Patterns**  
**Junior (Male)**  
**11 - 13 Years**  
**Black Belt**  
**All Grades**  
**Gold:** Daniel Kubacki  
*SCTKD*  
**Silver:** Thomas Lamperez Beckett  
*SCTKD*  
**Bronze:**

**P27**  
**Patterns**  
**Junior (Male)**  
**14 - 16 Years**  
**Black Belt**  
**All Grades**  
**Gold:** Oliver Madden  
*MASTER LAWES MARTIAL ARTS*  
**Silver:** Ryan Watson  
*Courage TKD*  
**Bronze:** Ibrahim Malik  
*Knowle*

**P28**  
**Patterns**  
**Adult Female**  
**White Belt - Green Tag**  
**(10th Kup - 7th Kup)**  
**Gold:** Celine Ngai  
*Loughborough*  
**Silver:** Jessie Yu  
*Loughborough*  
**Bronze:** Laura Tang  
*De Montfort University*

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## P29

### Patterns

#### Adult Female

##### Green Belt - Blue Belt

##### (6th Kup - 4th Kup)

**Gold:** Khushi Baraiya  
*De Montfort University*

**Silver:** Imogen Heaps  
*Redditch Tkd*

**Bronze:** Paula Uljanica  
*De Montfort University*

## P32a

### Patterns - GROUP A

#### Adult Female

##### Black Belt

##### (3rd - 4th Degree)

**Gold:** Emma Price  
*SCTKD*

**Silver:** Kiara Kelly  
*Courage TKD*

**Bronze:** Amy Ridgard  
*Redditch Tkd*

## P35

### Patterns

#### Adult Male

##### Red Tag - Black Tag

##### (3rd Kup - 1st Kup)

**Gold:** Christian Loise Alicuman  
*SCTKD*

**Silver:** Ryan Cazley  
*De Montfort University*

**Bronze:** Mohamed Mahmoud  
*De Montfort University*

**Bronze:** Jonah Nixon  
*SCTKD*

## P30

### Patterns

#### Adult Female

##### Red Tag - Black Tag

##### (3rd Kup - 1st Kup)

**Gold:** Athika Kadar  
*Loughborough*

**Silver:** Rachel Cornish  
*De Montfort University*

**Bronze:** Isis Bemrose  
*De Montfort University*

## P33

### Patterns

#### Adult Male

##### White Belt - Green Tag

##### (10th Kup - 7th Kup)

**Gold:** Muhammed Salar  
*Loughborough*

**Silver:** Ayush Buch  
*Aston*

**Bronze:** Raheem Shafiq  
*Aston*

## P36f

### Patterns FINAL

#### Adult Male

##### Black Belt

##### (1st - 2nd Degree)

**Gold:** Ellis Harper  
*Wellingborough*

**Silver:** Jack Gould  
*Loughborough*

**Bronze:** Philip C Olofsson  
*Loughborough*

## P31f

### Patterns - FINAL

#### Adult Female

##### Black Belt

##### (1st - 2nd Degree)

**Gold:** Jenifer Holden-Davies  
*Wellingborough*

**Silver:** Robyn Ryce  
*Courage TKD*

**Bronze:** Katie White  
*Gloucester*

## P34

### Patterns

#### Adult Male

##### Green Belt - Blue Belt

##### (6th Kup - 4th Kup)

**Gold:** Fayzan Kashem  
*Loughborough*

**Silver:** Nick Lucas  
*Loughborough*

**Bronze:** DCarlos Andre  
*Loughborough*

## P37f

### Patterns FINAL

#### Adult Male

##### Black Belt

##### (3rd - 4th Degree)

**Gold:** Stuart Odell  
*Courage TKD*

**Silver:** Alex Collett  
*Derby*

**Bronze:** John Bowman-Yard  
*Stanwick Tkd*

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**P39**

**Patterns**

**Veteran Female**

**Green Belt - Black Tag**

**(6th Kup - 1st Kup)**

**Gold:** Sue Evans  
*Courage TKD*

**Silver:** Amanda Dykes  
*iceni Taekwon-do*

**Bronze:** Angela Lomas  
*SCTKD*

**P44f**

**Patterns - FINAL**

**Veteran Male**

**Black Belt**

**(3rd - 4th Degree)**

**Gold:** Jim Freeborough  
*Stamford and Oakham*

**Silver:** Martin Duffield  
*Knowle*

**Bronze:**

**S2**

**CONTINUOUS Sparring**

**PeeWee (Mixed)**

**8 - 10 Years**

**White Belt - Green Tag**

**(10th Kup - 7th Kup)**

**Gold:** Francis Fuijkschot  
*MASTER LAWES MARTIAL ARTS*

**Silver:** Taha Ahmed  
*Northants Taekwondo*

**Bronze:** Harrison Lowe  
*MASTER LAWES MARTIAL ARTS*

**P40f**

**Patterns - FINAL**

**Veteran Female**

**Black Belt**

**(All Grades)**

**Gold:** Elaine Clitherow  
*Wythall*

**Silver:** Tara Winter  
*Henley*

**Bronze:** Tina King  
*Wellingborough*

**S0**

**NO CONTACT Sparring**

**Dragons (Mixed)**

**Under 6 Years**

**All Grades**

**Gold:** Elora Ludden  
*Stanwick Tkd*

**Silver:**

**Bronze:**

**S4**

**CONTINUOUS Sparring**

**PeeWee (Mixed)**

**6-7 Years**

**Green Belt - Blue Belt**

**(6th Kup - 4th Kup)**

**Gold:** Jacob Luck  
*Northants Taekwondo*

**Silver:** Rosalie Bowman-Yard  
*Stanwick Tkd*

**Bronze:** Sanvith Mahesh  
*SCTKD*

**P42**

**Patterns**

**Veteran Male**

**Green Belt - Black Tag**

**(6th Kup - 1st Kup)**

**Gold:** Keith Gilbody  
*Stamford and Oakham*

**Silver:** Johnathan Brewell  
*Stamford and Oakham*

**Bronze:** Gary Hines  
*SCTKD*

**S1**

**CONTINUOUS Sparring**

**PeeWee (Mixed)**

**6 - 7 Years**

**White Belt - Green Tag**

**(10th Kup - 7th Kup)**

**Gold:** Elon Klitovchenko  
*Stamford and Oakham*

**Silver:** Winter Connell  
*Derby*

**Bronze:** Yeva Onyshchenko  
*Bungay*

**S5**

**CONTINUOUS Sparring**

**PeeWee (Mixed)**

**8 - 10 Years**

**Green Belt - Blue Belt**

**(6th Kup - 4th Kup)**

**Gold:** Harry Kendal  
*Knowle*

**Silver:** Natalie Saran  
*Wellingborough*

**Bronze:** Alicia Breton  
*Courage TKD*

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**S2b**  
**CONTINUOUS Sparring**  
**PeeWee (Mixed)**  
**8 - 10 Years (Small)**  
**White Belt - Green Tag**  
**(10th Kup - 7th Kup)**  
**Gold:** Mairead Sheppard  
*SCTKD*  
**Silver:** Finnley King  
*MASTER LAWES MARTIAL ARTS*  
**Bronze:** Erik Kituchenko  
*Stamford and Oakham*

**S8**  
**CONTINUOUS Sparring**  
**PeeWee (Mixed)**  
**8 - 10 Years (Tall)**  
**Red Tag - Black Tag**  
**(3rd Kup - 1st Kup)**  
**Gold:** David Vazdoaga  
*Northants Taekwondo*  
**Silver:** Sophie Hayre  
*Derby*  
**Bronze:** Fjord Miller  
*Wellingborough*

**S10**  
**CONTINUOUS Sparring**  
**PeeWee (Mixed)**  
**8 - 10 Years**  
**Black Belt**  
**(All Grades)**  
**Gold:** Adelina Alexiu  
*Redditch TKD*  
**Silver:** Tasker Jones  
*Wellingborough*  
**Bronze:**

**S8b**  
**CONTINUOUS Sparring**  
**PeeWee (Mixed)**  
**8 - 10 Years (Small)**  
**Red Tag - Black Tag**  
**(3rd Kup - 1st Kup)**  
**Gold:** Roksana Lizak  
*Wellingborough*  
**Silver:** Theo Karoglou  
*SCTKD*  
**Bronze:** Lucy Dykes  
*iceni Taekwon-do*

**S14**  
**CONTINUOUS Sparring**  
**Junior (Female)**  
**11 - 13 Years**  
**Green Belt - Black Tag**  
**(6th Kup - 1st Kup)**  
**Gold:** Juliette Fuijkschot  
*MASTER LAWES MARTIAL ARTS*  
**Silver:** Saanvi Mahesh  
*SCTKD*  
**Bronze:**

**S24b**  
**CONTINUOUS Sparring**  
**Junior (Male)**  
**11 - 13 Years (Small)**  
**Red Tag - Black Tag**  
**(3rd Kup - 1st Kup)**  
**Gold:** Kayden Menzies  
*Courage TKD*  
**Silver:** Zayan Chowdhury  
*Northants Taekwondo*  
**Bronze:** Callum Moisey  
*Stamford and Oakham*

**S17**  
**CONTINUOUS Sparring**  
**Junior (Female)**  
**14 - 16 Years**  
**Red Tag - Black Tag**  
**(3rd Kup - 1st Kup)**  
**Gold:** Bronwen Back  
*Bungay*  
**Silver:** Jovana Milosevic  
*MASTER LAWES MARTIAL ARTS*  
**Bronze:** Olimpia Lizark  
*Wellingborough*

**S18**  
**CONTINUOUS Sparring**  
**Junior (Female)**  
**11 - 13 Years**  
**Black Belt**  
**All Grades**  
**Gold:** Laura Vanaga  
*Stanwick Tkd*  
**Silver:** Phillippa Alice Kimber Robinson  
*SCTKD*  
**Bronze:** Lucy Lomas  
*SCTKD*

**S20**  
**CONTINUOUS Sparring**  
**Junior (Male)**  
**11 - 13 Years**  
**White Belt - Green Tag**  
**(10th Kup - 7th Kup)**  
**Gold:** Ethan Miles  
*Henley*  
**Silver:** Kacper Sobczyk  
*MASTER LAWES MARTIAL ARTS*  
**Bronze:** Callum O`Keefe  
*MASTER LAWES MARTIAL ARTS*

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## S21

### CONTINUOUS Sparring

#### Junior(Male)

#### 14 - 16 Years

#### White Belt - Green Tag

#### (10th Kup - 7th Kup)

**Gold:** Ashton Kelly  
*Wellingborough*

**Silver:** Oliver Chrzczonowicz  
*Wellingborough*

**Bronze:** Farzan Ahmed  
*Northants Taekwondo*

## S22

### CONTINUOUS Sparring

#### Junior (Male)

#### 11 - 13 Years

#### Green Belt - Blue Belt

#### (6th Kup - 4th Kup)

**Gold:** Ryan Clark  
*SCTKD*

**Silver:** Alagu Karthick  
*Courage TKD*

**Bronze:** Christian Hendrie  
*Courage TKD*

## S23

### CONTINUOUS Sparring

#### Junior (Male)

#### 14 - 16 Years

#### Green Belt - Blue Belt

#### (6th Kup - 4th Kup)

**Gold:** Josh O'Mahony  
*Wellingborough*

**Silver:** Charlie Jones  
*Stamford and Oakham*

**Bronze:**

## S24

### CONTINUOUS Sparring

#### Junior (Male)

#### 11 - 13 Years (Tall)

#### Red Tag - Black Tag

#### (3rd Kup - 1st Kup)

**Gold:** Sam Graves  
*Northants Taekwondo*

**Silver:** Casey Stapleton  
*Balsall Common*

**Bronze:** Dragomir Milosevic  
*MASTER LAWES MARTIAL ARTS*

## S25

### CONTINUOUS Sparring

#### Junior (Male)

#### 14 - 16 Years

#### Red Tag - Black Tag

#### (3rd Kup - 1st Kup)

**Gold:** Haydn Pearce  
*MASTER LAWES MARTIAL ARTS*

**Silver:** Josh Bridge  
*Courage TKD*

**Bronze:** Evan Williams  
*MASTER LAWES MARTIAL ARTS*

## S27

### CONTINUOUS Sparring

#### Junior (Male)

#### 13 - 16 Years

#### Black Belt

#### All Grades

**Gold:** Ibrahim Malik  
*Knowle*

**Silver:** Oliver Madden  
*MASTER LAWES MARTIAL ARTS*

**Bronze:** Aaron Taylor  
*Courage TKD*

## S28

### POINT Sparring

#### Adult Female

#### Under 60 kg

#### White Belt - Green Tag

#### (10th Kup - 7th Kup)

**Gold:** Chaya Burberry  
*Loughborough*

**Silver:** Celine Ngai  
*Loughborough*

**Bronze:** Sarah Inayet  
*Aston*

## S29

### POINT Sparring

#### Adult Female

#### Over 60 kg

#### White Belt - Green Tag

#### (10th Kup - 7th Kup)

**Gold:** Aaminah Mulla  
*De Montfort University*

**Silver:** Millie Miles  
*Loughborough*

**Bronze:** Rittu Kaur  
*Aston*

## S30

### CONTINUOUS Sparring

#### Adult Female

#### Under 60 kg

#### Green Belt - Blue Belt

#### (6th Kup - 4th Kup)

**Gold:** Imogen Heaps  
*Redditch TKD*

**Silver:** Khushi Baraiya  
*De Montfort University*

**Bronze:**

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**S32**  
**CONTINUOUS Sparring**  
**Adult Female**  
**Under 60 kg**  
**Red Tag - Black Tag**  
**(3rd Kup - 1st Kup)**  
**Gold:** Isis Bemrose  
*De Montfort University*  
**Silver:** Rachel Cornish  
*De Montfort University*  
**Bronze:** Manon Lug- Edmonds  
*MASTER LAWES MARTIAL ARTS*

**S33**  
**CONTINUOUS Sparring**  
**Adult Female**  
**Over 60 kg**  
**Green Belt - Black Tag**  
**(6th Kup - 1st Kup)**  
**Gold:** Athika Kadar  
*Loughborough*  
**Silver:** Bernice Kitufueni  
*De Montfort University*  
**Bronze:** Paula Uljanica  
*De Montfort University*

**S34f**  
**CONTINUOUS Sparring - FINAL**  
**Adult Female**  
**Under 60 kg**  
**Black Belt**  
**(1st - 2nd Degree)**  
**Gold:** Hope Douglas  
*Courage TKD*  
**Silver:** Robyn Ryce  
*Courage TKD*  
**Bronze:** Katie White  
*Gloucester*

**S35f**  
**CONTINUOUS Sparring - FINAL**  
**Adult Female**  
**Over 60 kg**  
**Black Belt**  
**(1st - 2nd Degree)**  
**Gold:** Jenifer Holden-Davies  
*Wellingborough*  
**Silver:** Emma Tracy  
*Loughborough*  
**Bronze:** Katie Moon  
*Loughborough*

**S36f**  
**CONTINUOUS Sparring - FINAL**  
**Adult Female**  
**Open Weight**  
**Black Belt**  
**(3rd - 4th Degree)**  
**Gold:** Emma Price  
*SCTKD*  
**Silver:** Lauren De Sousa  
*Loughborough*  
**Bronze:** Kiara Kelly  
*Courage TKD*

**S37**  
**POINT Sparring**  
**Adult Male**  
**Under 65 kg**  
**White Belt - Green Tag**  
**(10th Kup - 7th Kup)**  
**Gold:** Ayush Buch  
*Aston*  
**Silver:** Feysal Abdi  
*Aston*  
**Bronze:** Raheem Shafiq  
*Aston*

**S38**  
**POINT Sparring**  
**Adult Male**  
**65 - 75 kg**  
**White Belt - Green Tag**  
**(10th Kup - 7th Kup)**  
**Gold:** Muhammed Salar  
*Loughborough*  
**Silver:** Kai Chima  
*Aston*  
**Bronze:** Ali Yaser  
*Aston*

**S39**  
**POINT Sparring**  
**Adult Male**  
**75 - 85 kg**  
**White Belt - Green Tag**  
**(10th Kup - 7th Kup)**  
**Gold:** Lolan Thorpe  
*Loughborough*  
**Silver:** Sebastian Garrido  
*De Montfort University*  
**Bronze:** Daud Hussain  
*De Montfort University*

**S40**  
**POINT Sparring**  
**Adult Male**  
**Over 85 kg**  
**White Belt - Green Tag**  
**(10th Kup - 7th Kup)**  
**Gold:** Dave Ludden  
*Wellingborough*  
**Silver:** Titas Maciunas  
*De Montfort University*  
**Bronze:**

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**S41**

**CONTINUOUS Sparring**

**Adult Male**

**Under 65 kg**

**Green Belt - Blue Belt**

**(6th Kup - 4th Kup)**

**Gold:** Fayzan Kashem  
*Loughborough*

**Silver:** Alistair Lee  
*Loughborough*

**Bronze:** Praneal Mistry  
*De Montfort University*

**S45**

**CONTINUOUS Sparring**

**Adult Male**

**Under 65kg**

**Red Tag - Black Tag**

**(3rd Kup - 1st Kup)**

**Gold:** Jonah Nixon  
*SCTKD*

**Silver:**

**Bronze:**

**S49f**

**CONTINUOUS Sparring - FINAL**

**Adult Male**

**Under 65 kg**

**Black Belt**

**(1st - 2nd Degree)**

**Gold:** Ben Fagan  
*Stamford and Oakham*

**Silver:** Josh Addis  
*Redditch Tkd*

**Bronze:**

**S43**

**CONTINUOUS Sparring**

**Adult Male**

**65 - 85 kg**

**Green Belt - Blue Belt**

**(6th Kup - 4th Kup)**

**Gold:** Laurence Ashcroft  
*Loughborough*

**Silver:** Tajheim Green  
*De Montfort University*

**Bronze:** Jonathan Jones  
*Loughborough*

**S46**

**CONTINUOUS Sparring**

**Adult Male**

**65 - 75 kg**

**Red Tag - Black Tag**

**(3rd Kup - 1st Kup)**

**Gold:** Mohamed Mahmoud  
*De Montfort University*

**Silver:** Ryan Cazley  
*De Montfort University*

**Bronze:**

**S50f**

**CONTINUOUS Sparring - FINAL**

**Adult Male**

**65 - 75 kg**

**Black Belt**

**(1st - 2nd Degree)**

**Gold:** Jack Gould  
*Loughborough*

**Silver:** Callum Wallis  
*Stamford and Oakham*

**Bronze:**

**S44**

**CONTINUOUS Sparring**

**Adult Male**

**Over 85 kg**

**Green Belt - Blue Belt**

**(6th Kup - 4th Kup)**

**Gold:** DCarlos Andre  
*Loughborough*

**Silver:** Nick Lucas  
*Loughborough*

**Bronze:**

**S47**

**CONTINUOUS Sparring**

**Adult Male**

**75 - 95 kg**

**Red Tag - Black Tag**

**(3rd Kup - 1st Kup)**

**Gold:** Christian Loise Alicuman  
*SCTKD*

**Silver:** Tom McInerney  
*Loughborough*

**Bronze:** Oliver Harvey  
*De Montfort University*

**S52f**

**CONTINUOUS Sparring - FINAL**

**Adult Male**

**Over 75 kg**

**Black Belt**

**(1st - 2nd Degree)**

**Gold:** Ellis Harper  
*Wellingborough*

**Silver:** Jake Hilton  
*Gloucester*

**Bronze:** Christian Everett  
*Bungay*



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**S53f**  
**CONTINUOUS Sparring - FINAL**  
**Adult Male**  
**Open Weight**  
**Black Belt**  
**(3rd - 4th Degree)**

**Gold:** Stuart Odell  
*Courage TKD*

**Silver:** Leonard Liboro  
*Loughborough*

**Bronze:** Alex Collett  
*Derby*

**S55**  
**CONTINUOUS Sparring**  
**Veteran Female**  
**Open Weight**  
**Green Belt - BlackTag**  
**(6th Kup - 1st Kup)**

**Gold:** Sue Evans  
*Courage TKD*

**Silver:** Angela Lomas  
*SCTKD*

**Bronze:** Kathryn Scutt  
*Wellingborough*

**S56f**  
**CONTINUOUS Sparring - FINAL**  
**Veteran Female**  
**Open Weight**  
**Black Belt**  
**(All Grades)**

**Gold:** Elaine Clitherow  
*Wythall*

**Silver:** Tara Winter  
*Henley*

**Bronze:**

**S58**  
**CONTINUOUS Sparring**  
**Veteran Male**  
**Open Weight**  
**Green Belt - BlackTag**  
**(6th Kup - 1st Kup)**

**Gold:** Johnathan Brewell  
*Stamford and Oakham*

**Silver:** Keith Gilbody  
*Stamford and Oakham*

**Bronze:** Gary Hines  
*SCTKD*

**S59f**  
**CONTINUOUS Sparring - FINAL**  
**Veteran Male**  
**Open Weight**  
**Black Belt**  
**(1st - 2nd Degree)**

**Gold:** Matthew Reeves  
*SCTKD*

**Silver:** Michael Roberts  
*SCTKD*

**Bronze:** Daniel Plant  
*Knowle*

**S60f**  
**CONTINUOUS Sparring - FINAL**  
**Veteran Male**  
**Open Weight**  
**Black Belt**  
**(3rd - 4th Degree)**

**Gold:** John Bowman-Yard  
*Stanwick Tkd*

**Silver:** Martin Duffield  
*Knowle*

**Bronze:**

**D2**  
**Destruction**  
**Adult Female**  
**Red Tag - Black Tag**  
**(3rd Kup - 1st Kup)**

**Gold:** Bernice Kitufueni  
*De Montfort University*

**Silver:**

**Bronze:**

**D3f**  
**Destruction - FINAL**  
**Adult Female**  
**Black Belt**  
**All Grades**

**Gold:** Emma Price  
*SCTKD*

**Silver:**

**Bronze:**

**D5**  
**Destruction**  
**Adult Male**  
**Green Belt - Black Tag**  
**(6th Kup - 1st Kup)**

**Gold:** Keith Gilbody  
*Stamford and Oakham*

**Silver:**

**Bronze:**

# Competition Results

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**D6f**  
**Destruction - FINAL**  
**Adult Male**  
**Black Belt**  
**All Grades**

**Gold:** Jake Hilton  
*Gloucester*

**Silver:**

**Bronze:**

**SP5**  
**Special Technique**  
**Junior (Mixed)**  
**Tall**  
**All Grades**

**Gold:** Adam Callaghan  
*Courage TKD*

**Silver:**

**Bronze:**

**SP6**  
**Special Technique**  
**Junior (Mixed)**  
**Small**  
**All Grades**

**Gold:** Phillippa Alice Kimber Robinso  
*SCTKD*

**Silver:**

**Bronze:**